Guided Notes   
Excerpts from Ritter & Graham’s *Multicultural Health*

# Purpose

The purpose of these guided notes are to help you identify key concepts from the reading. You will then apply these concepts in class.

# Instructions

First, read the questions below to get an idea of what to look for in the reading. Then as you read, answer the questions.

1. What is the focus of multicultural health, and why is it important?
2. Is race a biological or a social construct? Why is race important?
3. What is the difference between ethnicity and culture? What is the difference between race and ethnicity?
4. Explain the three overarching theories about the causes of illness.
5. Explain the components of the process of cultural competence in the delivery of health care services model (Campinha-Bacote, 2009).
6. What does worldview mean? Provide examples of why it is important to consider worldview in healthcare.
7. Explain some of the positive and negative effects religion can have on health outcomes.